



# Michelle's Place

The Women's Breast Cancer Resource Center

QUARTERLY NEWSLETTER

[www.michellesplace.org](http://www.michellesplace.org)

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The Michelle's  
Place Newsletter  
is published  
quarterly by the  
Staff of Michelle's  
Place.

## President's Message

As usual, the pace has not slowed at Michelle's Place. Each week, new women are discovering our meditation and LeBed (exercises for fighting lymphedema and helping the upper body get back in shape) classes. We are so grateful to continue to provide these services, as well as, providing a number of hats, wigs and prosthesis. The month of May was especially busy, with the 5K Walk Through the Vineyards at South Coast and Falkner Wineries and our Spring Fling with fun entertainment provided by dueling pianos. In addition, we have helped with the Race for Humanity and the Mother/Daughter Health Symposium.

We are so thankful to receive a \$38,000 grant from Susan G. Komen for the Cure to fund our breast health assistance and navigational programs; however, this was a hard hit, since we normally receive over \$100,000. As with most non- profits, Komen is also suffering from the current economic conditions. Partner agencies are also feeling effects of lack of funding by having to reduce the amount of diagnostic services they can

provide. One of the priorities of Michelle's Place is to ensure that women that are less than 40, with a symptom of breast cancer and no health insurance get diagnostic services. As you know, early detection is the best scenario for survival. Any delay could have a huge impact!

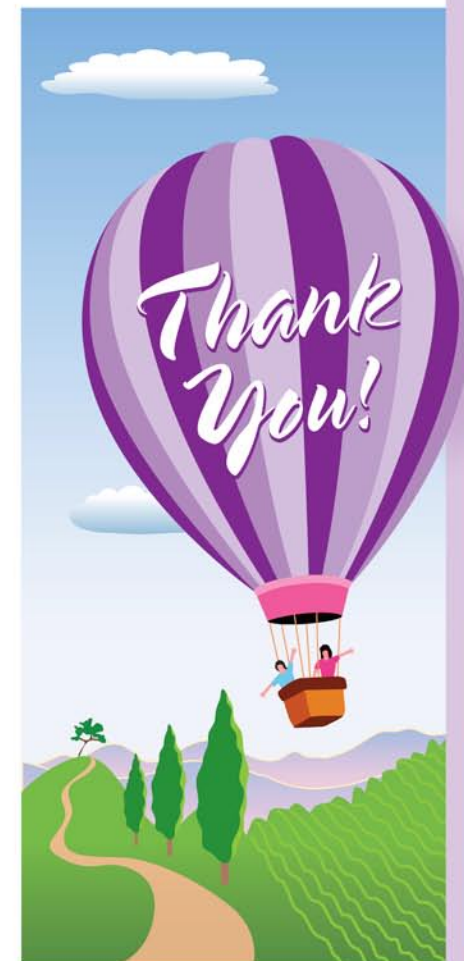
Although, the current funding is a set back, we are certainly not taking it lying down. Michelle's Place needs to raise \$265,000 this year to continue all the current programs. To date, we have raised approximately \$100,000. What can you do to help? If you haven't done so already, you can become an Angel through our monthly giving program of \$10/month or more go to [www.michellesplace.org](http://www.michellesplace.org) to sign up. For a little fun and excitement we recently debuted our Traveling Bra Show. The top 12 winning decorated bras will be showcased throughout the wineries until the end of the year. Plan on joining us on October 6<sup>th</sup> at the Wild Women of Wine Country Luncheon at South Coast Winery tickets cost \$19. Calling all golfers, become a sponsor or sign-up a foursome for our Celebration of Life Golf Tournament on Friday, October 2<sup>nd</sup> at SCGA in Murrieta. We appreciate any assistance – small or large!

With less funding available we are striving to work more closely with our local non-profits to share our resources to meet the needs of women and their families in our community. Thank you for stepping up and helping us with this challenge! 🌸

*Don't forget to become an angel!*

**Marilyn Watson**

*President of the Board*





## From the Executive Director

**KIM GOODNOUGH**

**T**his last February I completed my 5th year as the Executive Director of Michelle's Place. I enjoy looking back

at where I started and how much I have learned. I was naïve to the world of breast cancer. It is ironic that when I started I didn't know anyone who had had the disease. Now, I am surrounded by survivors who I am proud to call friends. I am blessed by these women who teach me about courage, love, strength and laughter. These women give me reason to work harder for women and their families dealing with breast cancer. In my time here we have served more than 3,857 women and provided more than 27,406 services. I am grateful for the amazing support of those who are

passionate about our Mission and I thank you for your kindness and generosity. I can tell you that Michelle's Place is making a difference in the lives of women everyday. Recently we hosted a Back on Track workshop that provided assistance to women recently recovering from breast cancer the tools to re-enter the workforce. They were given resume writing tips, a gift certificate to purchase clothing for interviews, a budgeting workshop and job search ideas. The educational program is in full swing. Through a grant from the Verizon Foundation we are

able to professionally record the sessions and make them accessible on our website and on a DVD. Our meditation, Le Bed and self-help groups are all well attended and providing amazing support to those who need it. These are just a few of the many programs we have to offer our Michelle's Place participants. Thank you for helping us grow and provide these resources in our community.

**Kim**

*"Never doubt that a small, group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has."*

—Margaret Mead

## Spring Fling 2009

was a celebration of the founders of Michelle's Place as well as the survivors. About 270 people participated in our annual event. Pink and Black was again the theme and it seems most everyone is finding creative ways to participate! Every year four survivors or women currently going through treatment are chosen to be celebrated for the event. They tell the story of their journey through breast cancer so that all in attendance can understand the effects breast cancer have on the lives of four very different people. Our dueling piano players brought the room to life as they played by request for the audience! Dancing and singing went on well into the night! Thank you to our many volunteers and sponsors for making this year's event a grand success!

*"We had a wonderful time. We will definitely be back next year! What a great charity and what a phenomenal job you and all of the volunteers at Michelle's Place did!"*

*"I had the best time. I brought friends that were first-timers. They loved it. Another friend said it was the best event the valley has seen in 10 years!"*

*"My husband & I wanted to say how much we enjoyed the Spring Fling. The setting was only surpassed by the loving and generous spirit displayed by you and your guests."*

### Entertainment Sponsor:

Robert & Melanie Jones

### Table Sponsors:

Magnetic Creative & San Diego County Credit Union

### Red Carpet Sponsors:

Advanced Medical Management, Arbonne International – Barbara Lippert, Bosom Buddies, Cornerstone Investment Properties and Realty, Inc., Custom Scales, Home Loans, Inc., Home Pros Real Estate, Professional Hospital Supply, The Breast Care Center of Temecula Valley, Wayne Watson Family.

### In-Kind Sponsors:

Morningstar Productions, My Champ, Wineberry Designs, Amy Dawnelle Photography, Escape Spa and Salon, South Coast Winery Resort & Spa.



*Spring Fling Snaps*



**Join us Monday,  
October 2, 2009  
SCGA Golf Course  
39500 Robert Trent Jones Parkway,  
Murrieta, CA 92563**

Help us continue to serve by participating in our annual golf tournament. It's fun and for a great cause!

**Sponsors:**

Presenting Sponsors	\$5,000	8 golfers
BBQ Sponsors	\$3,000	4 golfers
Cart Sponsors	\$1,500	2 golfers
Hole Sponsors	\$300	n/a
Tee Sponsors	\$150	n/a

**Schedule of Events:**

- 7:00 a.m. Registration and Continental Breakfast
- 8:00 a.m. Shot Gun Start - 4-person scramble
- 1:00 p.m. Steak and Chicken BBQ, Raffle and Trophy Presentations

\*All sponsors will be acknowledged with signage at appropriate locations. Golf is \$125 per person (includes continental breakfast and BBQ). To attend BBQ only is \$25. For all Sponsorships please call or email Jamie at 951-304-1280 or [jamie@michellesplace.org](mailto:jamie@michellesplace.org)

**Michelle's Place MISSION STATEMENT...**

Michelle's Place provides emotional and educational support to those living with breast cancer and facilitates services for breast cancer.

**VISION STATEMENT...**

To be a support to those living with breast cancer.



*Jenna Barron*

I would like to welcome Jenna Barron to Michelle's Place! Jenna comes to us as a recipient from the Bank of America Leadership program. Jenna was one of five high school students in the Inland Empire who was chosen in a highly competitive leadership program that provides them a leadership program as well as a paid internship for eight weeks. Through this program Bank of America matches a chosen intern with a non-profit organization. Michelle's place is thrilled to welcome Jenna to our Center. She will be learning how a non-profit works and more importantly about the work we do! Please help us welcome Jenna!

*-Kim Goodnough*

## Educational Seminars:

7/8/09 – Celeste Morely will be discussing Lymphedema, it's causes, prevention and treatment. She will also be providing free fittings and sleeves for those who need them.

7/14/09 – Volunteer Appreciation Dinner.

7/21/09 - Dr. Crabhill will be providing information about health and nutrition.

8/4/09 – Koko McDowell will be sharing her story about Inflammatory Breast Cancer, the symptoms and treatment options.

### Thank you notes to Michelle's Place

*"To all of you who helped me receive such great care! I can't thank you enough for helping me get through a very difficult and scary time. The help you provide in our community is priceless & again, I can't put into words how much I have appreciated your help and kindness."*

*I was in your place last Monday with a friend that lives in your area. You were so kind to talk to me and give bras for breast cancer. I really appreciate that. Finances are very challenging right now.*

## CALENDAR OF EVENTS

### September 12, 2009

**Annual Spaghetti Dinner  
hosted by  
Monty and Carole Conrad**



### October 2, 2009



**SCGA Golf Course  
Murrieta**

**Continental Breakfast,  
Steak and Chicken BBQ, Raffle  
and Trophy Presentations**

**For all Sponsorships please call or  
email Jamie at 951-304-1280 or  
jamie@michellesplace.org**

# Donation list - 1<sup>st</sup> Quarter 2009

## Anonymous

### Various

## In Memory of Pat Marron

John & Kathy Durrer

## In Memory of Robert Hadley

Rose Ann Geller

Carole & Sam Jabbawy

## In Memory of Christine Erlenbush

Cathryn Gierke

## In Memory of Yvette Starr

Ronald & Mary Jane Kelly

Pat Batten

Nancie & Paul Weber

Vera Romo

Laverne Rosky

Lake Elsinore Elks Ladies

## In Honor of Darcy Jones

Errol & Jean Kwait

## In Honor of Janelle & Sarah

Linda Radke

## In Honor of Mary Thompson & Billie Rafferty Birthdays

Meri Faria

## In Honor of Sarah's 80<sup>th</sup> Birthday

Rita Marston

## Spring Fling Sponsors

Cornerstone Investment Properties &

Realty Homeloans, Inc.

Homepros Real Estate

Robert & Melanie Jones

Barbara Lippert

Amy Watson

## Golf Tournament Sponsors

England Enterprises

## Grants

Riverside County

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Temecula Valley Women's Club

Debbie Vogel

Henry Wallace

Linda Wetlesen

Yvonne White

Jill Whitney

Brent & Kay Yamasaki



## Michelle's Place Wings of Hope Angels

### ArchAngels!

Dick and Betty Ryan  
Monty and Carole Conrad  
Tom & Jeannette Coyne  
Bill & Gaile Krages  
Brett & Suzanne Seber  
Ed and Pat Offer

### Thank you to all our Angels who have already joined:

Jack and Anita Fleming  
Anthony Valentin & Holly Humphrey  
Kathleen & Robert Dykhouse  
Roger & Yvonne McKenzie  
Dan & Elise Ayer  
Phil & Georgina Hayo  
Donna and Eric Nielsen  
Carolyn & Gerald Hill  
Juanita Blankenship  
Martha Bridges  
Rollie Helber  
Dolores Long  
Todd & Susan Boehm  
Rebecca Thomas  
Jamie Goebel  
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Sue Williams  
Kelly Antram  
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Darcy Jones  
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Cheryl Lebowitz  
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Judy Rodewald  
Stacy Nelson  
Wayne Watson  
Linda & Tom Hicks  
Nicole Wade  
Kim & Dan England  
Sherri Moyer  
Crystal Magon  
Lani Eazell  
Bill & Marilyn Watson

Thank  
You!